

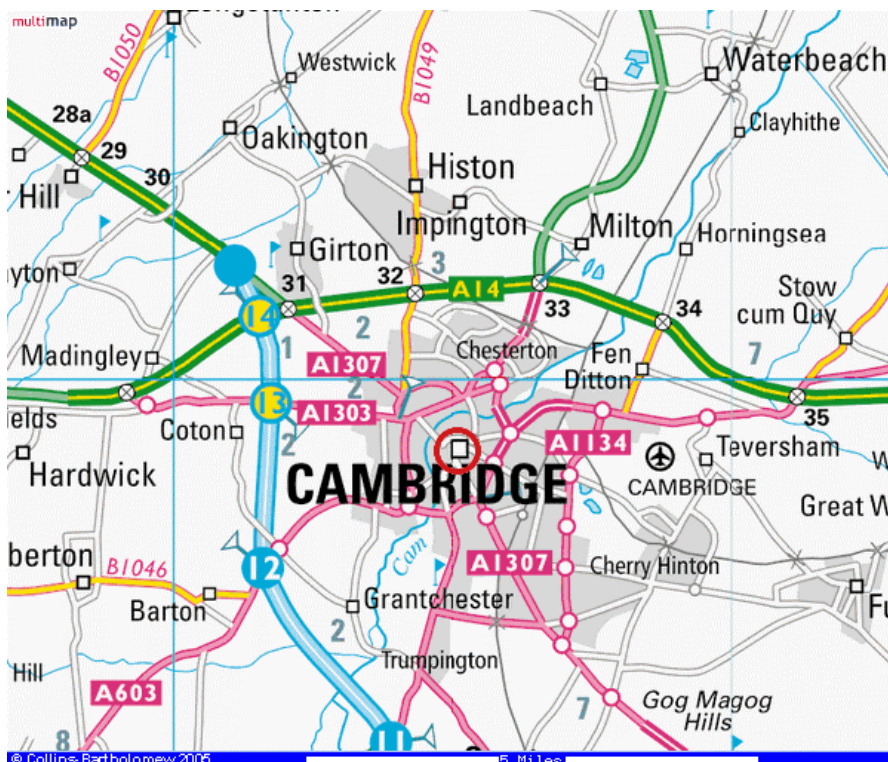


Directions to Citylife

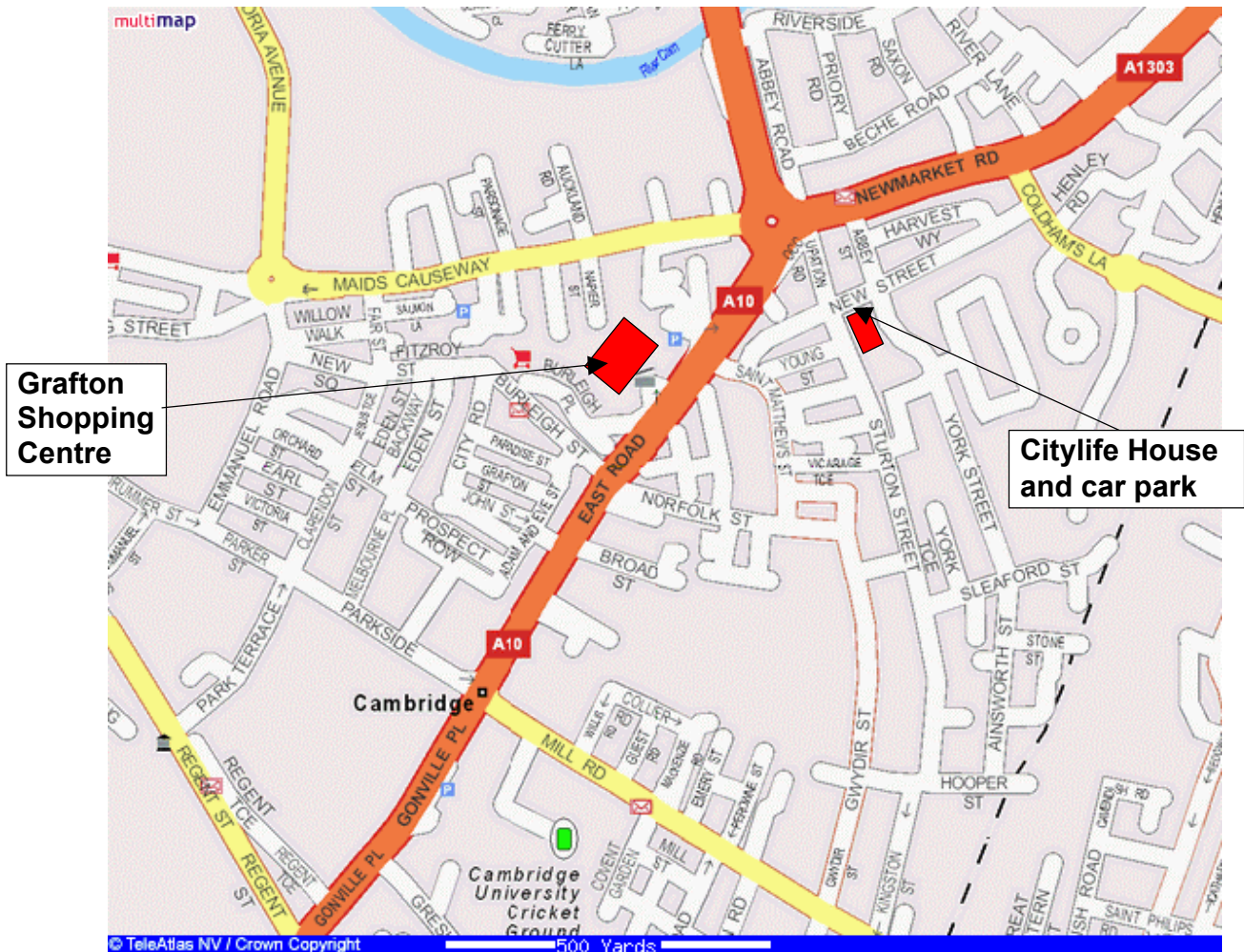
**Citylife Ltd
Citylife House
Sturton Street
Cambridge
CB1 2QF
01223 488400**

Cambridge is located in the centre of East Anglia and is easy to get to from the M11, A11 and A14 by car.

Citylife House is 15mins drive from the M11, A11 and A14 and our main entrance and car park borders New Street.



Map of local area:



Road/by car:

Directions from North

- Use A14 towards Cambridge
- Come off the junction signposted A10 Ely
- Take 4th exit signposted Cambridge city centre and Science Park
- Keep in centre lane for City Centre
- Go over old railway line and at traffic lights take centre lane
- After another set of traffic lights and parade of shops take first exit at roundabout
- At large roundabout take second exit
- You will drive past a Q8 garage, and the road will dual, keep in the right hand lane and go over the River Cam

- At the roundabout (Newmarket Road junction on map) take the second exit and keep in the far left hand lane (Grafton Centre shopping centre will be on your right and Mackays hardware store will be on your left)
- At traffic signals after the hardware store turn left onto St Matthews Street then immediately take a left turn at the mini roundabout onto New Street
- At the next roundabout go straight over, Citylife House is the large building on your right that has a car park in front of it
- Our front door is at the left of the building as you look at it from the car park, we share our reception with 209 radio
- We look forward to welcoming you!

Direction from the South

- From London, take the M11 and leave at junction 11
- Continue on this road, follow the signs to town centre and do not turn off
- You will drive past the Nuffield Hospital on the right and Botanical gardens
- You will then pass the Leys school on your left, at this point take the right hand lane and go straight over the mini roundabout (Cambridge Royal Hotel on your left)
- Immediately take the right hand lane as you approach a second mini roundabout and take the second exit (right hand turn) onto Lensfield Road
- Drive straight on at the traffic lights, you are now on Gonville Place and will pass Parkers Piece (large park) on your left and a swimming pool on your right
- At traffic lights continue straight ahead passing shops on your left and Anglia Ruskin University on your right (this is now East Road)
- Pass the Grafton Centre shopping centre on your left, keep in the right hand lane at the traffic lights
- Take right hand turn into St Matthews Street then immediately take a left turn at the mini roundabout onto New Street
- At the next roundabout go straight over, Citylife House is the large building on your right that has a car park in front of it
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Trains:

Trains to Cambridge run every hour from London Kings Cross and London Liverpool Street, there is also a direct service from London Stansted. From the railway station you can either get a taxi (15min journey) or you can follow the pedestrian/cycle route to the Grafton Centre (East Road) on foot which takes about 15-20mins.